

## LETTER TO THE EDITOR

# In response: Lateral Knee Pain Requires a Thorough Assessment and Adequate, Best-Practice Intervention

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The article referred to in Mr. van de Water's letter is a prospective case series bringing attention to soft-tissue restriction as a potential source of knee dysfunction. The article describes treatment of chronic pain conditions seven months or more after injury, diagnosis (which included ITBS), and on-going care. Editors agree that description of and any reevaluation of those diagnoses, as well as some outcomes, could have been addressed more clearly. The manuscript author agrees regarding best practice, and describes that in both the introduction and discussion. The best practice scenario applies at the time of injury; the treatment provided addresses a seven-month post-injury chronic pain condition. The *IJTMB* believes the case series effectively highlights the importance of considering soft-tissue restriction in cases of lateral knee pain when more common diagnoses have been ruled out or treatment otherwise remains ineffective.

Drs. Porcino, Boulanger, & Munk  
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